



Lunch Budget Activity Sheet

Activity

Complete this activity with a friend or family member using the lunch menu sheet on page 2. Set a budget for your school lunch for the week. Choose items for lunch for each day calculating how much it would cost for the day and how much is left from your budget at the end of the day.

Day of the week	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch items chosen					
Total cost					
How much money is left from your budget?					

How did you do? How did you calculate how much you spent on lunch each day?

Did you have enough money for lunch for the whole week?



Lunch Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Fruit Salad 45p	Banana 15p	Apple 10p	Pear 17p	Orange 9p
Soup of the day 50p	Soup of the day 50p	Soup of the day 50p	Soup of the day 50p	Soup of the day 50p
Bread/roll 5p	Bread/roll 5p	Bread/roll 5p	Bread/roll 5p	Bread/roll 5p
Tuna Sandwich £1.25	Chicken Sandwich £1.30	Ham Sandwich £1.10	Cheese Sandwich £1.00	Turkey Salad Wrap £1.40
Lasagne £1.30	Chicken Curry £1.52	Beef Casserole £1.49	Chicken Stir-Fry £1.40	Beef Meatballs £1.28
Macaroni Cheese £1.05	3-Bean Chilli & Rice £1.22	Vegetable Fajitas £1.34	Vegetable Biryani £1.12	Fish & Chips £1.60
Cheeseburger £1.30	Chicken Burger £1.20	Veggie Burger £1.00	Hamburger £1.42	Chicken Nuggets 95p
Chips 65p	Chips 65p	Chips 65p	Chips 65p	Chips 65p
Chicken Salad 95p	Tuna Salad 80p	Cheese Salad 65p	Ham Salad 79p	Salmon Salad £1.06
Yoghurt 33p	Yoghurt 33p	Yoghurt 33p	Yoghurt 33p	Yoghurt 33p
Juice/water 60p	Juice/water 60p	Juice/water 60p	Juice/water 60p	Juice/water 60p