

Clinic for children with Headache

Headache is a common complaint among children and adolescents. It is estimated that at least 60% of children, under the age of 16 years, have experienced at least 3 episodes of headache. Migraine affects about 1 in 10 schoolchildren and it is the most common reason for referral to this clinic. Children may also suffer from tension-type headache and other less common headache disorders.

Patients are usually referred to this clinic if there was an uncertainty about the diagnosis of the headache disorder, poor response to usual treatment or they need specialist investigations and/or treatment.

The headache clinic has been running for the past 25 years and it is one of the earliest and largest clinics in the UK. The clinic accepts referrals from general practitioners and also from hospital and community paediatricians in Greater Glasgow and Clyde NHS and other neighbouring health board areas.

In addition to its service commitments, the staff of the clinic take part in clinical research into childhood headache and participate in clinical trials for which some eligible children can be enrolled for evaluation of new medications if appropriate.

Most patients are seen and assessed at the outpatient department and only occasionally an admission to hospital is needed. Currently due to Covid-19 restriction, the consultations take place over the phone, but some patients who may require clinical procedures or specific treatment can be seen in person at some dedicated sessions.

The clinic takes place every Thursday afternoon.

Clinic Staff

Dr Ishaq Abu-Arafeh, MBBS, DM, MRCP, FRCPCH
Consultant paediatrician

Dr Stewrat MacLeod, MBChB, FRCPCH
Consultant Paediatric Neurologist

Dr Maria Morozova, MBBS, PhD
Staff Paediatrician

Ms. Agnes Mooney
Medical Secretary

Information to patients:

Headache Diaries

Individual migraine management plan

Information on commonly used medication

Paracetamol and Ibuprofen

Sumatriptan

Amitriptyline

Topiramate

Propranolol

Useful weblinks to patients and parents:

Migraine Trust: <https://www.migrainetrust.org>

Cyclical Vomiting Association: <http://www.cvsa.org.uk>