

YOUR FIRST OUTPATIENT CLINIC APPOINTMENT IS:



0141 300 1189

nss.perinatalnetwork@nhs.net

@scotperinatal

perinatalnetwork.scot

KEY CONTACT INFORMATION:

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**IMPORTANT:**

If your child is unwell, contact your GP or attend A&E if appropriate. You can also contact **NHS 111** 24 hours a day if you are concerned and not sure what to do. **Call 111**



# Ready for Home

NEONATAL DEVELOPMENTAL FOLLOW UP CLINIC

*We would like to acknowledge Dr Louise Leven and the Neonatal Clinic Team, Royal Hospital for Children Glasgow, supported by Glasgow Children's Hospital Charity for developing the original content of this leaflet.*

Now you and your baby are ready for home, this leaflet tells you about what happens next at our neonatal developmental follow up clinic.

### What is the clinic for?

The clinic is designed to monitor the development of children born early or who have had problems after birth. How often we see you in the clinic depends on your child's progress. You will be offered appointments until your child is a corrected age of two years old.

### What to expect at the Follow Up Clinic

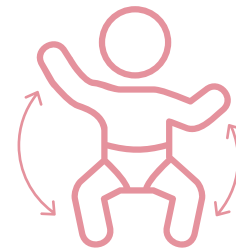
- You will see a team of professionals who are specialists in child development. This may include a Doctor, a Physiotherapist, a Speech and Language Therapist and an Occupational Therapist.
- You may also see a Dietician if needed.
- We will ask questions about how your child has been and will examine them, looking at their general health, growth and development.
- We will give you tips on how to support your child's development at home.
- After you have been seen in clinic, we will write to your GP and Health Visitor to update them on your child's progress.
- If any extra support is needed, we will refer your child to the appropriate service. This service would then continue to see your child for as long as is required.

*If we find that your child is having difficulties with one or more areas, we will discuss this with you in clinic. If you have any concerns about your child and their development at any point, you can also talk to your GP and Health Visitor.*



### Settling at home: Important issues to look out for

Most children who have needed neonatal care after birth, grow up with no problems and have normal development. However, we know that certain problems are more common in children who have been born early so it's important to keep an eye on the following:



DIFFICULTIES WITH  
MOVEMENT



DIFFICULTIES WITH  
LEARNING AND  
CONCENTRATION



DIFFICULTIES WITH  
COMMUNICATING OR  
UNDERSTANDING

